

# A Week in Nature-Based Homeschooling

What Your Child Actually Experiences—Real Skills, Real Learning, Real Freedom

From Bigfoot Nature Homeschool Network ~ [BigfootFlorida.com/school](https://BigfootFlorida.com/school)

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 **NEW TO HOMESCHOOLING? WE MAKE IT EASY.**

Fill out our quick interest form: [BigfootFlorida.com/school/help](https://BigfootFlorida.com/school/help)

Or call/text: (813) 586-4769

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## Introduction: This Isn't "School at Home"—It's Better

Traditional school confines children to desks for 6–8 hours daily, teaching compliance and test-taking while ignoring the skills they actually need for life[1]. Nature-based homeschooling flips this model: children spend significant time outdoors, learn through hands-on projects, develop real-world competencies, and build social connections through authentic collaboration—not forced peer groups[2][3].

This sample week demonstrates what your child experiences when you join Bigfoot Nature Homeschool Network: nature immersion, academic mastery, entrepreneurship, life skills, social connection, and family freedom—all funded through ESA programs that redirect \$7,000–\$10,000+ per child away from failing institutions and into your hands[4].

This is what childhood should look like.

 **READY TO GET STARTED? WE MAKE IT SIMPLE.**

- ✓ We guide you through the ESA process
- ✓ We connect you with local pods
- ✓ We provide curriculum & support

 Fill out our 2-minute interest form: [BigfootFlorida.com/school/help](https://BigfootFlorida.com/school/help)

Questions? Call/Text: (813) 586-4769

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## Monday: Garden Work, Math in Context, Community Connection

### Morning (8:30 AM–10:00 AM): Outdoor Immersion & Garden Stewardship

The week begins in the food forest or community garden. Children arrive, check in emotionally (brief circle: "How are you feeling? What are you excited about today?"), and dive into real work[4].

Today's focus: Preparing garden beds for spring planting.

- **Physical labor:** Digging, composting, mulching, soil testing. Children build strength, coordination, and stamina while learning soil biology[5][6].
- **Observation skills:** Identifying beneficial insects, noting plant growth patterns, tracking weather changes[7].
- **Responsibility:** Each child has a garden zone to tend—ownership develops accountability and pride[8].

**Life skills learned:** Work ethic, patience, ecological literacy, physical fitness, cause-and-effect understanding.

**Compare to traditional school:** Sitting at a desk for 90 minutes, passively listening to lectures, never touching dirt or seeing where food comes from[1].

## **Mid-Morning (10:00 AM–11:30 AM): Math Through Real-World Application**

**Math isn't worksheets—it's measuring garden bed dimensions, calculating soil volume needed, budgeting compost purchases, and tracking yield data[4][9].**

**Today's lesson:** Area, perimeter, and budgeting.

- **Children measure raised beds (length × width), calculate square footage, and determine how much compost to order.**
- **They research compost prices from three local suppliers, compare costs per cubic yard, and decide which offers the best value.**
- **Older students calculate cost per square foot, project potential vegetable yields based on last season's data, and estimate revenue from a farm stand.**

**Skills developed:** Practical numeracy, financial literacy, research, decision-making, spreadsheet use.

**Compare to traditional school:** Abstract word problems disconnected from real life, memorizing formulas without understanding why they matter[1].

## **Lunch & Free Play (11:30 AM–1:00 PM): Social Connection Without Coercion**

**Children eat lunch together—often food they grew themselves. Conversation flows naturally: garden progress, weekend plans, shared interests[10].**

**After lunch:** unstructured outdoor play. Climbing trees, building forts, exploring trails, inventing games[11][12].

**Why this matters:** Unstructured play develops creativity, problem-solving, conflict resolution, and genuine friendships—not the forced, age-segregated socialization of traditional schools[11][13].

**Compare to traditional school:** 20-minute cafeteria rush, rigid recess rules, limited outdoor access, adult-controlled every moment[1].

## **Afternoon (1:00 PM–2:30 PM): Community Contribution & Intergenerational Learning**

**Today:** Visiting a local elder to help with yard work and learn life stories.

A small group visits Mrs. Chen, an 82-year-old community member who needs help clearing fallen branches and weeding her flower beds. While working, children ask questions about her childhood, career as a nurse, and favorite memories[14].

**Skills developed:** Service ethic, intergenerational respect, oral history, empathy, practical helping skills.

**Compare to traditional school:** No intergenerational contact, no service opportunities, no connection to elders or community needs[1].

💡 **PARENT WORRY:** "This sounds amazing, but how do I actually make this happen?"

**WE HANDLE IT.** You don't need to plan the week, find the garden site, or recruit other families. Our network connects you with established pods in your area that run these exact programs.

→ See available pods near you: [BigfootFlorida.com/school/help](https://BigfootFlorida.com/school/help)

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## Tuesday: Literacy, Nature Journaling, Entrepreneurship Lab

### Morning (8:30 AM–10:00 AM): Literacy Through Nature Immersion

Children take notebooks and pencils on a nature walk to a local preserve or park[15]. The facilitator reads aloud from a nature-themed book (e.g., *The Hidden Life of Trees*, *Braiding Sweetgrass*, age-appropriate excerpts), then children scatter to observe and journal[16].

**Journaling prompts:**

- Sketch three plants or insects you observe. Label parts if you can.
- Write a short story from the perspective of a bird watching humans.
- Describe the sounds, smells, and textures you notice. Use vivid adjectives.

**Skills developed:** Descriptive writing, observation, drawing, vocabulary expansion, love of reading through engaging content.

**Compare to traditional school:** Basal readers with contrived stories, silent reading at desks, disconnected from sensory experience and real-world context[1].

**Compare to traditional school:** Zero exposure to business, finance, or real-world value creation.

✓ **WITH BIGFOOT NETWORK:** Your child joins an existing micro-business run by experienced facilitators. You don't need to set up the farm stand, find suppliers, or teach accounting—we've already built the framework. Your role? Watch your child thrive.

Schedule a call to see how entrepreneurship labs work: [zcal.co/bigfoot](https://zcal.co/bigfoot)

### Mid-Morning (10:30 AM–12:00 PM): Research & Science Investigation

Back at the learning hub, children research the organisms they observed using field guides, apps (iNaturalist, Seek), and online databases[17].

Today's inquiry: "Why do some plants grow in shade and others in sun?"

Children form hypotheses, research photosynthesis basics, examine leaf structures under magnifying glasses, and design simple experiments (planting the same seed in sun vs. shade, tracking growth over weeks)[18].

Skills developed: Scientific method, research literacy, critical thinking, technology use, collaboration.

Compare to traditional school: Textbook diagrams, memorizing facts for tests, no real experimentation or discovery[1].

## **Afternoon (1:00 PM–3:00 PM): Entrepreneurship Lab—Building a Real Business**

Children run a weekly micro-business: growing, harvesting, and selling produce, baked goods, herbal teas, seed packets, or handmade crafts[4][19].

Today's activities:

- **Production team:** Harvests lettuce, radishes, and herbs from the garden. Washes, bundles, and packages produce with handwritten labels.
- **Marketing team:** Designs flyers for Saturday's farm stand, posts photos on social media (with parent approval), updates the email list.
- **Finance team:** Tracks expenses (seeds, packaging), sets prices based on cost + fair margin, manages the cashbox.

At the end of the month, children decide together how to reinvest profits: buy new seeds, donate to a local food bank, save for a group field trip[19].

Skills developed: Entrepreneurship, teamwork, accounting, marketing, customer service, decision-making, delayed gratification.

Compare to traditional school: Zero exposure to business, finance, or real-world value creation[1].

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## **Wednesday: Cooking, Nutrition, History Through Food**

### **Morning (8:30 AM–11:00 AM): Culinary Skills & Nutrition Science**

Today: Farm-to-table cooking class with a local chef.

Children prepare a full meal using ingredients from the garden and local farms: vegetable stir-fry, homemade bread, and herbal tea[20].

Learning integrated:

- **Knife skills:** Safe cutting techniques, dicing, mincing.

- **Nutrition:** Discussing vitamins, minerals, macronutrients—"Why do we need greens? What does protein do?"
- **Chemistry:** Observing yeast fermentation in bread dough, Maillard reaction when vegetables caramelize.
- **Cultural history:** Learning the origins of stir-fry (Chinese wok cooking), bread-making traditions across cultures.

**Skills developed:** Cooking, nutrition literacy, food safety, cultural appreciation, chemistry basics, independence.

**Compare to traditional school:** No cooking classes, no nutrition education beyond abstract food pyramids, cafeteria serves processed food[1].

## **Lunch (11:00 AM–12:00 PM): Eating What You Made**

Children sit together and eat the meal they prepared. Pride, accomplishment, and healthy eating naturally follow[21].

## **Afternoon (12:00 PM–2:30 PM): History & Social Studies Through Food Systems**

**Discussion-based learning:** "Where does our food come from, and how did farming shape civilizations?"

Using a world map, children trace the origins of common foods (tomatoes from South America, rice from Asia, wheat from the Fertile Crescent). They discuss:

- How agriculture enabled permanent settlements and cities[22]
- The Columbian Exchange and its impact on global diets[22]
- Modern industrial agriculture vs. regenerative practices
- Local food systems and food sovereignty

**Skills developed:** Historical thinking, geography, systems thinking, critical analysis, global awareness.

**Compare to traditional school:** Memorizing dates and names without connecting history to present life or personal relevance[1].

### **THE #1 QUESTION PARENTS ASK US:**

"Do I need teaching experience to homeschool like this?"

**NO. Our network provides:**

- Ready-to-use curriculum aligned with this weekly model
- Local facilitators who run group sessions

**You're the guide—we're the support system.**

→ Learn how we support you: [BigfootFlorida.com/school/help](https://BigfootFlorida.com/school/help)  
Or call/text: (813) 586-4769

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# Thursday: Science Deep Dive, Animal Care, Financial Literacy

## Morning (8:30 AM–10:30 AM): Animal Husbandry & Biology

Today: Caring for chickens, rabbits, or goats (depending on the learning site).[23]

Children feed animals, clean enclosures, collect eggs, observe behavior, and record data (egg production, feed consumption, health notes)[23].

Integrated learning:

- **Biology:** Animal anatomy, life cycles, nutrition needs, signs of health/illness.
- **Responsibility:** Daily routines, noticing when something is wrong, problem-solving (e.g., "The water dish froze—what do we do?").
- **Ecosystems:** Understanding animals' roles in permaculture systems (chickens eat pests, manure fertilizes gardens).

Skills developed: Empathy, responsibility, observation, biology, systems thinking.

Compare to traditional school: Occasional field trip to a zoo; no daily interaction with living animals, no understanding of food systems[1].

## Mid-Morning (10:30 AM–12:00 PM): Financial Literacy Workshop

Led by a parent volunteer or local financial educator.

Children learn:

- **Budgeting basics:** Income, expenses, savings, wants vs. needs.
- **Interest and compound growth:** Simple vs. compound interest using real examples.
- **Entrepreneurship:** How businesses make money, profit margins, reinvestment.
- **Practical activity:** Each child receives a hypothetical \$100 budget and must plan a week of meals, factoring in grocery costs, nutrition, and waste reduction.

Skills developed: Financial literacy, math application, planning, critical thinking, future orientation.

Compare to traditional school: No financial education, no budgeting practice, students graduate unable to manage money[1].

## Afternoon (1:00 PM–3:00 PM): Project-Based Science

Ongoing group project: Building a solar oven or rainwater collection system.

Children research designs, gather materials, collaborate on construction, test functionality, troubleshoot failures, and iterate improvements[24].

Skills developed: Engineering, physics, teamwork, resilience, problem-solving, hands-on STEM.

Compare to traditional school: Science labs follow rigid instructions with predetermined outcomes—no real experimentation or failure[1].

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## Friday: Arts, Music, Presentations, Community Gathering

### Morning (8:30 AM–10:30 AM): Creative Arts in Nature

Outdoor art session: Nature mandalas, land art, natural dyes, clay sculpting.

Children use found materials (leaves, stones, sticks, flowers) to create ephemeral art installations in the garden or forest[25]. Or they extract natural dyes from plants (turmeric, beets, onion skins) and dye fabric[26].

Music integration: A local musician teaches folk songs, rhythm with natural percussion (sticks, seed pods), or basic ukulele[27].

Skills developed: Creativity, patience, aesthetic appreciation, fine motor skills, cultural traditions, music literacy.

Compare to traditional school: Art class once a week with rigid instructions, no connection to nature or culture, music reduced to passive listening[1].

### Late Morning (10:30 AM–12:00 PM): Student Presentations & Peer Teaching

Each child shares a project, discovery, or skill learned this week.

- One child presents research on native pollinators and shares photos.
- Another demonstrates bread-making techniques learned Wednesday.
- A group presents the solar oven prototype and test results.

Audience (peers, parents, mentors) asks questions, offers feedback, celebrates effort.[28]

Skills developed: Public speaking, organization, confidence, peer learning, constructive feedback.

Compare to traditional school: Presentations rare, often graded harshly, little authentic audience or purpose[1].

### Afternoon (12:00 PM–3:00 PM): Community Potluck & Free Play

Weekly gathering: families bring dishes to share, children play freely, parents connect.

This is unstructured social time—kids of all ages interact, adults share resources and encouragement, community bonds deepen[29].

Optional workshops for interested learners: A parent teaches basic carpentry, another leads a yoga session, a teen teaches coding basics[30].

Skills developed: Social connection across ages, community building, voluntary learning, relationship skills.

Compare to traditional school: No family integration, no community building, rigid age segregation, social connections end at the bell[1].

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## What About "Academic Standards"?

### Yes, Children Master Core Academics—But Better

**Math:** Embedded in garden planning, budgeting, cooking measurements, business accounting, construction projects[9][19].

**Literacy:** Nature journaling, research, storytelling, presentations, reading engaging books chosen by interest[15][16].

**Science:** Hands-on biology, ecology, physics, chemistry through real-world experimentation and observation[18][24].

**History/Social Studies:** Learned through food systems, cultural traditions, intergenerational stories, and real-world relevance[22].

**The difference:** Knowledge is contextualized, applied, and meaningful—not abstract and disconnected[2][3].

### Assessment Without Coercion

No letter grades, no punitive testing, no shame-based motivation[4].

Instead:

- **Mastery-based progress:** Children demonstrate understanding through projects, presentations, and real-world application[28].
- **Portfolio documentation:** Photos, journals, work samples showing growth over time[31].
- **Self-reflection:** Regular check-ins where children assess their own learning and set goals[32].
- **Competency proof:** If needed for college or career, standardized tests show nature-based learners often outperform traditionally schooled peers[33][34].

 **WORRIED ABOUT TRANSCRIPTS & RECORDS?** We can help you reframe your concerns in the direction of nature-based schooling and ESA compliance.

→ Questions about compliance? Email us: [BigfootNatureFellowship@gmail.com](mailto:BigfootNatureFellowship@gmail.com)

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## Social Development: Real Friendships, Not Forced Peer Groups

### The "Socialization" Myth Debunked

Traditional school socializes children into compliance, competition, and age-segregated peer dependence—not healthy social skills[13].

Nature-based homeschooling provides:

- **Multi-age interaction:** Younger children learn from older mentors; older children develop leadership and empathy[29][30].
- **Authentic collaboration:** Working together on real projects with shared goals (not competing for grades)[10][28].
- **Conflict resolution without punishment:** Children learn to mediate disagreements, apologize, repair relationships—not fear authority[4].
- **Intergenerational community:** Regular interaction with elders, parents, professionals, mentors[14][27].
- **Voluntary association:** Friendships based on genuine connection, not forced proximity[29].

Research shows: Homeschoolers develop superior social skills, emotional intelligence, and civic engagement compared to traditionally schooled peers[35][36].

*"I was terrified my kids would be isolated. Instead, they have friends across three age groups, weekly potlucks with other families, and more social time than they ever had in public school—except now it's genuine connection, not forced."*

 [Connect with these parents: BigfootFlorida.com/school/help](https://BigfootFlorida.com/school/help)

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## Parent Benefits: Freedom, Flexibility, Connection

### Reclaim Your Family Time

- **No morning rush:** Children sleep until naturally rested, eat real breakfast, start the day calm[37].
- **Flexible scheduling:** Medical appointments, family trips, and spontaneous learning opportunities fit naturally[38].
- **Deeper connection:** You witness your child's growth, curiosity, and breakthroughs firsthand[39].

### Financial Support Through ESA

Bigfoot Nature Homeschool Network guides you to access \$7,000–\$10,000+ per child annually through state ESA programs[4]. This covers:

- Curriculum and learning materials
- Micro-school tuition and pod fees
- Tutors and specialized instruction
- Field trips and enrichment classes
- Technology and supplies

You keep around \$7,000 per child; roughly \$1,000 supports the network and funds community food forests[4].

## THE MONEY BREAKDOWN (Per Child/Year):

ESA Funding You Receive: \$8,000–\$10,000

Network Support Fee: ~\$1,000

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**YOU KEEP AROUND: \$7,000+** to invest in your child's education as you see fit—field trips, music lessons, books, savings for college.

**WE HELP YOU ACCESS EVERY DOLLAR YOU'RE ENTITLED TO.**

→ See if your child qualifies (most do): [BigfootFlorida.com/school/help](https://BigfootFlorida.com/school/help)

Or schedule a free ESA walkthrough: [zcal.co/bigfoot](https://zcal.co/bigfoot)

## You Don't Do This Alone

 **HERE'S EXACTLY WHAT HAPPENS WHEN YOU JOIN:**

**STEP 1: Fill out the interest form (2 minutes)**

→ [BigfootFlorida.com/school/help](https://BigfootFlorida.com/school/help)

**STEP 2: We schedule a free 15-minute call to understand your goals**

→ [zcal.co/bigfoot](https://zcal.co/bigfoot) or call/text: (813) 586-4769

**STEP 3: We guide you through ESA enrollment (we handle the paperwork confusion)**

**STEP 4: We connect you with local pods or help you start your own**

**STEP 5: Your child begins the nature-based week you just read about**

**Total time from "interested" to "enrolled" could be: 2–4 weeks.**

**We're with you every step.**

 **Questions? Email us anytime: [BigfootNatureFellowship@gmail.com](mailto:BigfootNatureFellowship@gmail.com)**

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## For Educators: Facilitate Learning That Matters

If you're burned out from institutional schooling but love teaching, nature-based micro-schools offer a better path[4].

**Bigfoot Nature Homeschool Network supports educators with:**

- Playbooks for launching micro-schools[4]
- Marketing tools to attract ESA-funded families[4]
- Safety protocols and background check guidance[4]
- Curriculum resources and educator community[4]
- Training in consent-based facilitation and permaculture education[4]

**Earn a living doing work that actually helps children thrive—families pay you directly with ESA funds[4].**

 **CALLING BURNED-OUT TEACHERS:**

If you're reading this and thinking "I want to facilitate THIS, not manage classroom compliance," we want to talk to you.

We provide:

- Marketing support to attract ESA families to your micro-school
- Curriculum frameworks (you customize to your strengths)
- Community of fellow educators

→ Educator interest form: [BigfootFlorida.com/school/help](https://BigfootFlorida.com/school/help) (mention you're an educator)

Or email: [BigfootNatureFellowship@gmail.com](mailto:BigfootNatureFellowship@gmail.com) with subject line "EDUCATOR INQUIRY"

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## This Is What Childhood Should Be

Compare the two weeks:

### Traditional School Week:

- 6–8 hours daily sitting at desks[1]
- Fragmented subjects disconnected from life[1]
- Standardized lessons ignoring individual interests[1]
- Punitive grading and test anxiety[1]
- Forced peer grouping and social hierarchy[13]
- No time outdoors, no real-world skills[1]
- Cafeteria processed food, rushed lunch[1]
- No family connection during waking hours[37]

### Nature-Based Homeschool Week:

- Daily outdoor immersion and physical activity[5][6]
- Integrated learning through real projects[2][3]
- Personalized to interests and developmental readiness[32]
- Mastery-based, no punitive grades[28][31]
- Multi-age collaboration and authentic friendships[29][30]
- Hands-on life skills: cooking, gardening, business, finance[19][20]
- Fresh, self-grown food and mindful eating[21]
- Deep family connection and flexible scheduling[37][38][39]

Which childhood do you want for your child?

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 **READY TO GIVE YOUR CHILD THIS LIFE?**

# You Have Three Options:

## 1 TAKE THE FIRST STEP (Recommended)

Fill out our 2-minute interest form—no commitment, just exploration.

👉 [BigfootFlorida.com/school/help](https://BigfootFlorida.com/school/help)

## 2 TALK TO A REAL HUMAN

Schedule a free 15-minute call to ask your specific questions.

👉 [zcal.co/bigfoot](https://zcal.co/bigfoot)

📞 Or call/text directly: (813) 586-4769

## 3 EMAIL US YOUR SITUATION

Not sure where to start? Describe your family's needs and we'll guide you.

👉 [BigfootNatureFellowship@gmail.com](mailto:BigfootNatureFellowship@gmail.com)

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## What You Get When You Reach Out:

- ✓ Free ESA eligibility check
- ✓ Connection to local pods
- ✓ Curriculum recommendations based on your child's interests
- ✓ Zero pressure—we're here to help, not sell

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## The Homeschool Revolution Isn't Coming. It's Here.

Thousands of Florida families have already claimed their \$7,000–\$10,000 ESA funds and built the childhood their kids deserve. Traditional schools lose power with every family that leaves.

You've just read what's possible. Now make it real.

👉 Start here: [BigfootFlorida.com/school/help](https://BigfootFlorida.com/school/help)

Questions? We're one text away: (813) 586-4769

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📮 Mailing Address:

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Web: [BigfootFlorida.com/school](https://BigfootFlorida.com/school)

This sample aligns with Florida PEP Student Learning Plan requirements. Confirm with Step Up For Students for reimbursement eligibility.

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